

Apricity Yoga – Prosecco Flow Terms & Conditions

Last updated: 31st May 2025

Thank you for choosing Prosecco Flow with Apricity Yoga. This unique and engaging session combines yoga challenges with lighthearted fun to celebrate special occasions. To ensure a seamless and safe experience for all participants, and to maintain fairness for both clients and instructor, the following Terms and Conditions govern all Prosecco Flow bookings. Please review these carefully prior to confirming your reservation.

Prosecco Flow is priced at £20 per participant. All bookings are charged on a per-person basis. Bookings are only confirmed upon receipt of a deposit equivalent to 35% of the total booking fee. Deposits are strictly non-refundable under any circumstances, except in the event that Millie, instructor and founder of Apricity Yoga, must cancel the booking. Full refunds are not offered as a standard policy. Should a group cancel the entire booking, the deposit will be forfeited; however, the remaining 65% of the booking fee may be refunded.

Following Millie's recent relocation to Cornwall, bookings within Lincolnshire and other regions distant from Cornwall will be subject to additional consideration. In some cases, a travel surcharge may apply if Millie is not already scheduled to be in the vicinity on the date of the session. Any such fees will be communicated and agreed upon in advance.

Participant numbers must be confirmed prior to the session date. In the event of individual cancellations, Millie will accommodate up to three drop-outs without additional charge. Beyond this, any further cancellations will remain chargeable, and the booking party will be responsible for payment of these outstanding places. This policy ensures the financial viability of Prosecco Flow as a small independent offering. Final payments are required at least one full day prior to the session.

The venue for the session must be vetted and approved by Millie in advance. Venues must meet safety and cleanliness standards and provide adequate space for yoga practice, allowing participants to move freely and comfortably.

Prosecco Flow is strictly limited to participants aged 18 and over. Proof of age may be requested where necessary. Any underage attendees must bring a non-alcoholic beverage to substitute for prosecco during the session, as Millie does not provide alternative drinks. Pregnant participants may join if they feel comfortable doing so, though attendance is entirely at their own risk. Pregnant participants are also required to supply their own non-alcoholic beverage in place of prosecco.

Millie will supply an amount of prosecco deemed sufficient for the group size; however, consumption rates and spillages may result in the beverage being depleted before the conclusion of the session. Participants are advised to bring additional bottles if they anticipate higher consumption or wish to ensure adequate supply.

Photographs and video recordings will be taken during sessions for use in Apricity Yoga's marketing and promotional materials, including but not limited to social media platforms such as Instagram and Facebook, as well as the Apricity Yoga website and printed materials. Unless otherwise requested in advance, consent for such use will be presumed.

Participation in Prosecco Flow is undertaken entirely at the individual's own risk. Despite its relaxed nature, the session involves physical activity, balance, and coordination. The presence of alcohol adds a playful dimension but does not diminish the importance of personal responsibility. Participants are encouraged to exercise discretion, refrain from any movements that cause discomfort, and consume alcohol judiciously. Apricity Yoga and founder Millie Briggs accept no liability for injuries, accidents, or other incidents arising from participation or alcohol consumption.

These Terms and Conditions are designed to ensure that all Prosecco Flow experiences are safe, enjoyable, and fairly managed. By submitting a deposit and confirming your booking, you agree to be bound by these terms in full. Should you have any questions or require further clarification, please contact Millie directly via email at apricity.yoga@gmail.com or through Instagram at @apricity.yoga.

Thank you for supporting a small independent business. We look forward to welcoming you to a memorable Prosecco Flow session.

Warm regards,
Millie
Apricity Yoga